



Pathway 1 Checklist

Check One:

Health Care Personnel*

Breastfeeding Support
Counselor*

GENERAL EDUCATION

Transcripts showing you have completed the 14 health science courses

✓	Course/Location	Month/Year
	Biology	
	Human Anatomy	
	Human Physiology	
	Infant & Child Growth and Development	
	Introduction to Clinical Research	
	Nutrition	
	Complete one: <input type="checkbox"/> Psychology <input type="checkbox"/> Counseling Skills <input type="checkbox"/> Communication Skills	
	Complete one: <input type="checkbox"/> Sociology <input type="checkbox"/> Cultural Sensitivity <input type="checkbox"/> Cultural Anthropology	
	If applying for the April 2021 examination or beyond, an additional five (5) hours of education focused on communication skills . Preferably these five hours will be directly related to lactation and breastfeeding care, but this is not a requirement.	
	Basic Life Support	
	Medical Documentation	
	Medical Terminology	
	Occupational Safety & Security for Health Professionals	
	Professional Ethics for Health Professionals	



	Universal Safety Precautions and Infection Control	
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*Recognized by IBLCE

LACTATION EDUCATION

- 90 hours of specific lactation education** [Completed within 5 years immediately prior to applying for the exam]

✓	Month/Year	Class Name/Title	Hours Received

CLINICAL HOURS

- 1000 hours of lactation specific clinical practice** (*virtual or in person*) [Completed within 5 years immediately prior to applying for the exam]
- Create an excel spread sheet or paper log to track your hours include:
 - Month/year position started and ended
 - Total number of weeks worked excluding leave
 - Average hours worked per week
 - Total hours worked
 - % of Time spent providing lactation and breastfeeding care
 - Total Lactation Specific Clinical Hours

NOTES: